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MON	TUES	WED	THUR	FRI	SAT	SUN
	6:30 - 7:30 am Adult BJJ All Levels		6:30 - 7:30 Adult BJJ All Levels		9:00-10am Women's Only BJJ All Levels ----- 10:00-11am Juniors (7-14 yrs) BJJ All Levels	10:00-11am Adult No GI BJJ All Levels
12:00-1pm Adult BJJ All levels		12:00-1pm Adult BJJ All Levels		12:00-1pm Adult BJJ Open Mat	11:00-12pm Adult BJJ All Levels 12:00-12:30pm Open Mat	11:00 - 11:30 am Adult Yoga
4:30-5:45pm Juniors (7-14 yrs) BJJ Fundamentals ----- Juniors (7-14 yrs) BJJ Advanced	4:15- 5pm Little Champs (4-7 yrs) BJJ	4:30-5:45pm Juniors (7-14 yrs) BJJ Fundamentals ----- Juniors (7-14 yrs) BJJ Advanced	4:15- 5pm Little Champs (4-7 yrs) BJJ	4:30-5:45pm Juniors/Teens (7-16 yrs) No Gi BJJ Fundamentals		
	5:00-6pm Juniors (7-14 yrs) BJJ All Levels		5:00-6pm Juniors (7-14 yrs) BJJ All Levels			
6:00-7:30pm Adult BJJ Fundamentals ----- Adult BJJ Advanced	6:00-7pm Adult No Gi/MMA All Levels ----- Teens (13-16 yrs) Gi	6:00-7:30pm Adult BJJ Fundamentals ----- Adult BJJ Advanced	6:00-7pm Adult No Gi/MMA All Levels ----- Teens (13-16 yrs) Gi	6:00-7pm Boxing		
7:30-8:30pm Boxing	7:00-8pm Adult BJJ All Levels		7:00-8pm Adult BJJ All Levels			