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**\*\*Please Arrive ~15 minutes early\*\***

MON	TUES	WED	THUR	FRI	SAT	SUN
	<b>6:30-7:30am</b> <b>Adult</b> <b>BJJ</b> <b>All levels</b>		<b>6:30-7:30am</b> <b>Adult</b> <b>BJJ</b> <b>All levels</b>		<b>9:00-10am</b> <b>Women's Only</b> <b>BJJ</b> <b>All Levels</b> <b>10:00-11am</b> <b>Juniors (7-14)</b> <b>BJJ</b> <b>All Levels</b>	<b>10:00-11am</b> <b>Adult</b> <b>No Gi BJJ</b> <b>All Levels</b>
<b>12:00-1pm</b> <b>Adult</b> <b>BJJ</b> <b>All levels</b>		<b>12:00-1pm</b> <b>Adult</b> <b>BJJ</b> <b>All Levels</b>		<b>12:00-1pm</b> <b>Adult</b> <b>BJJ</b> <b>Open Mat</b>	<b>11:00am-12pm</b> <b>Adult BJJ</b> <b>All Levels</b> <b>12:00-12:30pm</b> <b>Adult BJJ</b> <b>Open Mat</b>	
<b>4:45-5:45pm</b> <b>Juniors (7-14)</b> <b>BJJ</b> <b>All Levels</b>	<b>4:00-4:45pm</b> <b>Little Champs</b> <b>(4-7)</b> <b>BJJ</b>	<b>4:45-5:45pm</b> <b>Juniors (7-14)</b> <b>No Gi BJJ</b> <b>All Levels</b>	<b>4:00-4:45pm</b> <b>Little Champs</b> <b>(4-7)</b> <b>BJJ</b>	<b>4:45-5:45pm</b> <b>Juniors (7-14)</b> <b>No Gi BJJ</b> <b>All Levels</b>		
	<b>5:00-5:50pm</b> <b>Juniors</b> <b>(7-14)</b> <b>BJJ</b> <b>All Levels</b>		<b>5:00-5:50pm</b> <b>Juniors</b> <b>(7-14)</b> <b>BJJ</b> <b>All Levels</b>			
<b>6:00-7:30pm</b> <b>Adult BJJ</b> <b>All Levels</b>	<b>6:00-7pm</b> <b>Adult</b> <b>No Gi BJJ/MMA</b> <b>All Levels</b> <hr/> <b>Teens</b> <b>(13-16)</b> <b>BJJ</b>	<b>6:00-7:30pm</b> <b>Adult BJJ</b> <b>All Levels</b>	<b>6:00-7pm</b> <b>Adult</b> <b>No Gi BJJ/MMA</b> <b>All Levels</b> <hr/> <b>Teens</b> <b>(13-16)</b> <b>BJJ</b>	<b>6:00-7pm</b> <b>Adult</b> <b>BJJ</b> <b>Study Hall</b>		
	<b>7:00-8pm</b> <b>Adult BJJ</b> <b>All Levels</b>	<b>7:30-8:30pm</b> <b>Kickboxing</b> <b>All Levels</b>	<b>7:00-8pm</b> <b>Adult BJJ</b> <b>All Levels</b>			